NNAMHS Intern Weekly Schedule

As can be seen in the accompanying “NNAMHS Intern Sample Schedule,” the intern at Northern Nevada Adult Mental Health Services will experience a range of training activities variety of settings both on and off the NNAMHS campus. Like interns in all NV-PIC internship sites, the NNAMHS intern will have the following mandatory weekly consortium-wide training activities:

* Tuesday Didactics from 8:30-10:30
* Tuesday Peer Professional Development Group from 11:00-12:00
* Thursday Group Supervision from 3:00-5:00

In addition to those consortium-wide training experiences the NNAMHS intern will have the following weekly training opportunities:

* Two hours of participation on the Inpatient Interdisciplinary Treatment Team
* One hour co-facilitating Inpatient Group Psychotherapy followed by review with supervisor
* Half a day of assessment either on the Dini-Townsend Inpatient Unit or at the Sierra Regional Center
* One hour of supervision with assessment supervisor
* Eight to ten hours of individual outpatient psychotherapy
* Two hours of individual supervision with primary supervisor
* One 90-minute outpatient psychotherapy group followed by review with supervisor
* Participation on one of the outpatient department’s interdisciplinary treatment teams such as the Assisted Outpatient Treatment team
* Half a day of intervention and consultation off-campus at an integrated care setting (Community Health Alliance) or developmental disability center (Sierra Regional Center)
* Monthly Grand Rounds at UNR Department of Psychiatry and Behavioral Medicine

**NNAMHS Intern Sample Schedule**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 8-9am | Assisted Outpatient Treatment Team Meeting | Computer/Paperwork | Primary Supervision | Computer/Paperwork | Computer/Paperwork |
| NV-PIC  Didactic | Inpatient Team Meeting | Inpatient or off-site  Assessment |
| 9-10am | Assisted Outpatient Treatment | Individual Outpatient Psychotherapy |
| Individual Outpatient Psychotherapy |
| 10-11am | Individual Outpatient Psychotherapy |
| Computer/Paperwork | Inpatient Psychotherapy Group |
| 11am-12pm | Inpatient Team Meeting | NV-PIC  Peer Professional Development | Outpatient Services Staff Meeting |
| Rehash  Inpatient Psychotherapy Group |
| 12-1pm | Lunch | Lunch | Lunch | NV-PIC Brown Bag Lunch (1x/month) | Lunch |
| 1-2pm | Community Health Alliance | Primary Supervision | Individual Outpatient Psychotherapy | Individual Outpatient Psychotherapy | Assessment Supervision |
| 2-3pm | Individual Outpatient Psychotherapy | Report Writing |
| 3-4pm | Outpatient  Interpersonal Psychotherapy Group | NV-PIC  Group Supervision |
| 4-5pm | UNR Grand Rounds  (1x month)/Individual Outpatient Psychotherapy |